

Qualifying Herbals to a Higher Standard

How to get herbs to work better and faster.
Connect Herbals on the Mental, Emotional and Physical level.

Clients have asked us what we do here at the Monastery to super charge the herbals. We find that most people take herbals as directed and then put them out of the way, until they need to take them again. We suggest you keep them out of the reach of children and animals, but keep them somewhere where you can "Bless them with your eye contact" several times a day.

There is also another way to make a deeper connection with your herbals by programming herbals to work "inside" your body at a higher standard. This info has been kept secret from the majority of people. It is known the Hindu Yogis can eat crushed glass and various toxins without ill effects. The following information, while not the same exact technique will go a long way in programming your mind and body to work together with the herbs. This is a way to give yourself a kind "directive". In essence, it's like a post-hypnotic suggestion of what you want the herbs to do, once they are inside the body. Before you take each usage - Hold the palms of your hands near the tops of the herbs and visualize of a light coming down from above and entering, through you, into the herbs.

Then say aloud: I charge these herbs with the living light of the _____. **Fill in your chosen religious Deity, for example, Christ, Buddha, Mohammad, or if atheistic, use "The Universe," etc. Then continue below.**

- And they enter my body gently and quickly.
- With every blink of my eye **(Blink your eyes now)**.
- and every beat of my heart **(Touch your heart now)**.
- I am getting stronger and healthier **EVERY DAY**.
- I am using these herbs, to heal my _____ **(fill in the condition you want healed)** and *that* makes me healthy.
- I am using these herbs to heal my _____ **(fill in the condition you want healed)** and *that makes* me happy.
- I am using these herbs to heal my _____ **(fill in the condition you want healed)** **because I really want to live!**

PS: You can use this technique like saying “Grace” over food.

“I am using this food to heal my (fill in the condition you want healed) and that makes me Healthy, Happy, and I really want to live!

MICHAEL PHILLIPS
E-MAIL: monasteryofherbs@yahoo.com
818 360 4871
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